

سوفيتبـل بالـم دبـي THE PALM, DUBAI

RESORT GUIDE



THE ALLURE OF FRENCH POLYNESIA IN THE ARABIAN GULF

Discover a captivating blend of splendor and tranquility on the east crescent of dubai's extra-ordinary Palm Jumeirah island. unfolding leisurely along the sandy shore, Sofitel The Palm offers stunning organic architecture and sophisticated design along with an irresistible, mellow tropical spirit. the perfect mix of elegance and ease to soothe both mind and body.

Manava

ALL DAY DINING

Breakfast 06:30 - 11:00 | Lunch 12:30 - 15:00 Dinner 19:00 - 23:30 | Friday Brunch 12:30 - 15:45

GROUND FLOOR

Meaning "Welcome" in Polynesian, Manava restaurant features a colourful environment straight out of Paul Gaugin's Tahitian paintings. The all-day dining restaurant offers a succulent selection of international cuisine for breakfast, lunch and dinner.







SEAFOOD RESTAURANT Lunch 12:30 - 15:00 | Dinner 19:00 - 23:30

BY THE MAIN POOL

Surrounded by water, this poolside dining spot offers an exquisite seafood menu with Asian-inspired flavors. The signature Raw Bar brings the restaurant's passion to life by serving the finest sushi, sashimi and ceviche. The terrace gives a relaxed al fresco feel.



FRENCH RESTAURANT Dinner 19:00 - 23:30 | Bar 19:00 - 00:30

GROUND FLOOR

Showcasing the best of French fare with a modern twist, Studio du chef offers a bespoke culinary experience that entertains with its vibrant open kitchen chef's table. Enjoy pre-dinner drinks with the help of the sommelier in the trendy ambience of the bar or the terrace.





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STEAKS & GRILLS Dinner 19:00 - 23:30 | Bar 16:00 - 01:30

GROUND FLOOR

Succulent meats and a classically elegant atmosphere combine to create an impeccable signature steakhouse. An al fresco seating area provides a romantic setting under the stars. Adjoining the restaurant, the chic bar area celebrates the art of cocktail-making through the ages.



CHINESE RESTAURANT Dinner 19:00 - 23:30

Saturday Dim Sum Brunch 12:00 - 14:30

2ND FLOOR - THROUGH LOBBY ELEVATOR

Offering a unique Chinese culinary experience, Hong Loong is an enticing blend of timeless Chinese tastes and traditions enriched with elegant touches of contemporary style. A diverse menu of Szechuan and Cantonese creations delivers explosive flavors perfectly paired with tea.







BAR & RESTAURANT Lunch à la carte 11:00 - 18:00 | Buffet 12:30 - 15:00 Dinner 19:00 - 23:30

BY THE MAIN POOL

Relax and unwind at this poolside venue, stretching out across soft white sands. Daytime guests can enjoy an array of delicious sandwiches, paninis and pizzas, fresh juices and Polynesianthemed cocktails. In the evening Arabic mezze and grilled BBQ dishes are on offer.



PRIVATE CABANA DINNER Dinner 19:00 - 23:30

BY THE BEACH PROMENADE

Looking for a private dinner by the beach? Exclusive dinner in one of the outdoor cabanas overlooking the pool or the beach available on request for a maximum of 6 persons.







ITALIAN DELI Breakfast 06:30 - 11:00 | Lunch 12:30 - 15:00 Dinner 19:00 - 23:30

BY THE APARTMENT POOL

Bringing a taste of Italy, Bottega, the resort's own little 'osteria', offers authentic Italian cuisine including Italy's most celebrated dishes such as fresh pasta, risotto and pizzas. Located within the serviced apartment's guests can also take advantage of the delicatessen corner.

LOUNGE

LOBBY LOUNGE 24 hours service

GROUND FLOOR - LOBBY

This all day and night lounge provides the irresistible scent of rich fragrant coffee, fine teas, chocolates and delicious French pastries providing the perfect place for quick refreshment before or after a day of exploring. Light snacks are also on offer.







CHINESE TEA Opening hours 10:00 - 22:00

GROUND FLOOR - LOBBY

A modern setting steeped in traditional Chinese characteristics, the Cha House offers a glimpse into the wonder of Chinese culture, boasting authentic tea ceremonies from a selection of 70 different specialty teas.

THE LIBRARY

THE LIBRARY Opening hours 10:00 - 22:00

1st FLOOR

Providing a relaxed and comfortable environment, guests are invited to unwind and immerse themselves in the wide selection of books available with a cup of tea or coffee.







BAR LOUNGE Bar 19:00 - 00:30

GROUND FLOOR

Enjoy pre-dinner drinks in the trendy ambience of the bar or the terrace or experience the weekly cheese & wine nights offering an impressive selection of artisan cheeses.



BAR LOUNGE Bar 16:00 - 01:30

GROUND FLOOR

A novel and nostalgic approach to mixology can be found in the chic bar area adjoining Porterhouse restaurant, which showcases eight distinctive blends celebrating the art of cocktail-making through the ages.





HABANO Cigar Lounge

CIGAR LOUNGE Opening hours 19:00 - 01:30

1st FLOOR

Modern elements interleaved into a setting of classic wood veneer-paneling, the Cigar Lounge follows an old American style of ambience, with a dedicated focus to an unrivalled selection of the world's most sought after cigars and rhums.

2 NIGHTCLUB

NIGHT CLUB Opening hours 22:00 - 03:00

2LIV night club provides three levels of pure fun. An open terrace, trumping views of the Arabian Gulf, a high-energy dance club and a mezzanine level, guests can revel in the sounds of the latest hits. 2liv Rooftop hosts the official after brunch party every Friday from 4pm.







KID'S CLUB Opening hours 09:00 - 20:00

Amura Kids Club for children from 4 to 12 years old. A variety of games and fun activities to keep children entertained are proposed throughout the day. Children's activities are divided into two specific age categories, namely from 4 to 7 and from 8 to 12 years old.



Open from 10:30 to 18:00 and located by the kid's club, Gelati corner offers a large choice of ice cream flavors & refreshments.



SPA Opening hours 09:00 - 22:00

Set amidst an idyllic setting, So SPA is a haven of peace dedicated to beauty and well-being. Reinforcing relaxation and rejuvenation you can immerse yourself in our state-of-the-art spa, offering revitalizing massages, the finest in French beauty treatments and a fresh water pool.





BEAUTY & HAIR SALON Men Salon 09:00 - 22:00 | Female Salon 10:00 - 20:00

GROUND FLOOR

The two Beauty & Hair salons - for her and for him, are located on the ground floor by So Spa. They offer refined hair styling, nail care services, waxing and make-up in an exclusive setting.



HEALTH CLUB Accessible 24 hours a day Instructors on duty from 06:00 - 22:00

So FIT features top of the range fitness equipment including cardio machines all equipped with individual LCD screens. Our fitness Instructors are at your disposal to offer assistance during your workout and provide personal training programs.





RECREATION

Every day the Recreation team organises a wide choice of activities throughout the resort including a full range of watersports. The hotel has two swimming pools opened from 08:00 to 20:00 and one Kid's pool opened from 09:00 to 18:00. Two tennis courts are also available above the So Fit health club.

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INFORMATION & RESERVATIONS

Please contact the Concierge or call 0 44 55 66 00

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