

		Kids (	Unb Activ	ities Progr	amme					
Day Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
08:30 - 09:30	Kids Boxing THB 350	Fun Yoga*	Kids Boxing THB 350	Kids Streching Class*	Kids Boxing THB 350	Kids Streching Class*	Fun Yoga*			
10:00 - 11:00	Batik T-Shirt THB 450	Jewellery Making THB 350	Desing Your T-Shirt THB 450	Umbrella Painting THB 250	Decoupage Craft THB 300	Color a Hangbag THB 450	Fancy Gel Candle THB 300			
11:00 - 12:00	Tube Animal Making	Fan Making	Monster Mask Making	Pencil Hoder Craft	Clock Making	Paper Wind Mill	Flower Making			
13:00 - 14:00	Face Painting	Kids Origami	Funny Cap Making	Face Painting	Leaf Crown Making	Monster Bookmark	Paper Weaving Craft			
14:00 - 15:00	Fan Painting THB 250	Batik Handkerchief THB 350	Nails Painting THB 300	Sea Shell Mobile THB 350	Soap Painting THB 350	Canvas Painting THB 350	Clay Model Painting THB 250			
15:00 - 16:00	Hair Braiding	Cookies Making THB 350	Straw Necklace Craft	Hair Braiding	Kids Pizza THB 350	Kids Aerobic*	Thai Dancing*			
16:00 - 17:00	Scavenger Hunt*	Candy Hunt**	Kids Swimming Pool Games**	Social Badminton*	Scavenger Hunt*	Candy Hunt**	Social Badminton*			
17:00 - 18:00	Evening Play Time									
19:00 - 21:00	Night Open Play Time	Movie Night THB 350	Night Open Play Time	Movie Night THB 350	Night Open Play Time	Movie Night THB 350	Night Open Play Time			
		Spa	rt Activiti	es Program	nme					
Day Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
07:30	Full Body Stretching @ Fitness Center	Yoga For Beginner @ Fitness Center	Abdomina @ Fitnes	<b>l Exercise</b> is Center	Full Body Stretching @ Fitness Center	Yoga For Beginner @ Fitness Center	Abdominal Exercise @ Fitness Center			
09:30	*Muay Thai for Beginner @ Fitness Center									
11:00	Aqua Aerobic @ Main pool									
15:00	Thai Language @ Fitness Center	Towel Folding @ Fitness Center	Introduction to Thai Massage @ Fitness Center	Batik Painting @ Fitness Center	Thai Language @ Fitness Center	Towel Folding @ Fitness Center	Introduction to Thai Massage @ Fitness Center			
16:00	Beach Volleyball @ Beach	Water Volleyball @ Main Pool	Beach Soccer @ Beach	Beach Volleyball @ Beach	Water Boxing @ Main Pool	Beach Volleyball @ Main Pool	Water Polo @ Main Pool			
18:00	Abdominal Exercise @ Fitness Center	Full Body Stretching @ Fitness Center		<b>g Yogo</b> s Center	Abdominal Exercise @ Fitness Center	Full Body Stretching @ Fitness Center	Relaxing Yogo @ Fitness Center			

Kid's Club operational hours 09:00 - 21:00hrs Charges apply to activities with \*. Prices are nett, inclusive of 17.7% \* available on the rainy day, \*\* will move to fun in door games on rainy day

 Babysitter
 Charge: THB 300 / hour / child, THB 450 / hour / 2 children

 After 22.00hrs, additional charge of THB 1,000 nett will be applied

 24 hours advance reservation is required for Movie Night, Cookie Making, Kids Pizza, Kids Boxing and Muay Thai

Muay Thai charge: Beginner class at THB 600 / person, Private class at THB 1,000 / person

For reservation please dial Fitness Centre at ext. 2716 or Kids Club at ext. 1549



		Kids (	Unb Activ	ities Prog	amme					
Day Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
08:30 - 09:30	Kids Boxing THB 350	Fun Yoga*	Kids Boxing THB 350	Kids Streching Class*	Kids Boxing THB 350	Kids Streching Class*	Fun Yoga*			
10:00 - 11:00	Batik T-Shirt THB 450	Jewellery Making THB 350	Desing Your T-Shirt THB 450	Umbrella Painting THB 250	Decoupage Craft THB 300	Color a Hangbag THB 450	Fancy Gel Candle THB 300			
11:00 - 12:00	Tube Animal Making	Fan Making	Monster Mask Making	Pencil Hoder Craft	Clock Making	Paper Wind Mill	Flower Making			
13:00 - 14:00	Face Painting	Kids Origami	Funny Cap Making	Face Painting	Leaf Crown Making	Monster Bookmark	Paper Weaving Craft			
14:00 - 15:00	Fan Painting THB 250	Batik Handkerchief THB 350	Nails Painting THB 300	Sea Shell Mobile THB 350	Soap Painting THB 350	Canvas Painting THB 350	Clay Model Painting THB 250			
15:00 - 16:00	Hair Braiding	Cookies Making THB 350	Straw Necklace Craft	Hair Braiding	Kids Pizza THB 350	Kids Aerobic*	Thai Dancing*			
16:00 - 17:00	Scavenger Hunt*	Candy Hunt**	Kids Swimming Pool Games**	Social Badminton*	Scavenger Hunt*	Candy Hunt**	Social Badminton*			
17:00 - 18:00	Evening Play Time									
19:00 - 21:00	Night Open Play Time	Movie Night THB 350	Night Open Play Time	Movie Night THB 350	Night Open Play Time	Movie Night THB 350	Night Open Play Time			
		Spa	rt Activiti	es Program	nme					
Day Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
07:30	Full Body Stretching @ Fitness Center	Yoga For Beginner @ Fitness Center	Abdominal Exercise @ Fitness Center		Full Body Stretching @ Fitness Center	Yoga For Beginner @ Fitness Center	Abdominal Exercise @ Fitness Cente			
09:30	*Muay Thai for Beginner @ Fitness Center									
11:00	Aqua Aerobic @ Main pool									
15:00	Thai Language @ Fitness Center	Towel Folding @ Fitness Center	Introduction to Thai Massage @ Fitness Center	Batik Painting @ Fitness Center	Thai Language @ Fitness Center	Towel Folding @ Fitness Center	Introduction to Thai Massag @ Fitness Center			
16:00	Beach Volleyball @ Beach	Water Volleyball @ Main Pool	Beach Soccer @ Beach	Beach Volleyball @ Beach	Water Boxing @ Main Pool	Beach Volleyball @ Main Pool	Water Polo @ Main Pool			
18:00	Abdominal Exercise @ Fitness Center	exercise Stretching Relaxing Yogo			Abdominal Exercise @ Fitness Center	Full Body Stretching @ Fitness Center	Relaxing Yogo @ Fitness Cente			

Kid's Club operational hours 09:00 - 21:00hrs Charges apply to activities with \*. Prices are nett, inclusive of 17.7% \* available on the rainy day, \*\* will move to fun in door games on rainy day

 Babysitter
 Charge: THB 300 / hour / child, THB 450 / hour / 2 children

 After 22.00hrs, additional charge of THB 1,000 nett will be applied

 24 hours advance reservation is required for Movie Night, Cookie Making, Kids Pizza, Kids Boxing and Muay Thai

Muay Thai charge: Beginner class at THB 600 / person, Private class at THB 1,000 / person

For reservation please dial Fitness Centre at ext. 2716 or Kids Club at ext. 1549